



# Town of Saint Andrews

## One Page **Action Summary**

*The Wellness Movement* is pleased to recognize the Town of Saint Andrews for their **leadership and commitment in becoming an Age-Friendly Community (AFC) where seniors are supported to thrive.**

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Here are the steps the Town of Saint Andrews took to become recognized as an Age-Friendly Community, categorized under the 4 basic steps of the World Health Organization (WHO):

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1

Secure community commitment by having the municipality, rural community or local service district (LSD) officially commit to the AFC approach.

An Age-Friendly Community resolution was passed in May 2017.

2

Establish an Age-Friendly Steering Committee and find support in order to actively engage the community and, in particular, seniors.

In May 2017, an AFC Steering Committee was established consisting of 22 members representing a full range of interests, ages, and organizations. The Town of Saint Andrews, churches, seniors' groups, institutions, education, sports and recreation, the Arts, first responders, medical were all represented on the Steering Committee.

3

Conduct an Age-Friendly assessment in consultation with the community and seniors.

The Committee undertook a series of consultations that included two focus groups, a full day forum (Day for the Ages), an extensive statistical analysis, a SWOT analysis (strengths, weaknesses, opportunities and threats), a detailed community survey, and feedback to the community on what they had said through these various means.

4

Establish a comprehensive action plan, including measures, that responds to the needs identified by seniors in the community.

Throughout the entire process of the needs assessment, the committee presented a detailed update each month to the entire Council. After each major assessment component, the Committee held Open Houses to present the findings to the community, asking for any clarification or further comments..

The Action Plan was approved by Council on June 25, 2018.

Since then, a study has been conducted to find Funding Resources to assist with implementation of the Action Plan, and the Council has formed an AFC Advisory Committee.

A number of the recommendations set out in the Action Plan have been completed or, at least, started being implemented. These include the creation of 1.5 kilometers of new sidewalks, the purchase and renovation of a multi-unit vacation property into affordable housing for summer employees, and after much community consultation, a site has been chosen for the new medical wellness center.

NEW BRUNSWICK  
AGE-FRIENDLY  
COMMUNITY  
*THE wellness  
MOVEMENT*



COMMUNAUTÉ AMIE  
DES AÎNÉS DU  
NOUVEAU-BRUNSWICK

*le MOUVEMENT  
mieux-être*

New Brunswick  
**Brunswick**